



## Spring I Programming

<p><b>Soccer</b> <b>Tuesday 5:00-6:00/6:00-7:00</b></p> <p>Come join our experienced Soccer instructor for an hour to learn the basics of the game and participate in fun drills and mini games. Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>	<p><b>Karate</b> <b>Tuesday 5:00-6:00</b></p> <p>Bring your kids to the Y to learn how to properly defend themselves from our certified Karate instructor. Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>
<p><b>Craft Corner</b> <b>Wednesday 6:00-6:45</b></p> <p>Looking for a more “art-sy” program? This one is just for you! Your child will make crafts and other art-related projects our Craft Corner class. Members: \$25.00 Non-Members: \$55.00 Family Members: \$5.00</p>	<p><b>Adult Basketball</b> <b>Wednesday 7:00-9:00</b></p> <p>Gym time is hard to come by, so take advantage of this for some pick-up basketball games for two whole hours! Members: Free Non-Members: \$20.00 Family Members: Free</p>
<p><b>Messy Art</b> <b>Thursday 6:15-6:45</b></p> <p>Who says letting the kids get messy is a bad thing? They certainly don’t think that way in this class! Bring the kids for 30 minutes of painting, coloring, etc. Members: \$25.00 Non-Members: \$55.00 Family Members: \$5.00</p>	<p><b>Football Conditioning</b> <b>Wednesday 5:30-6:30</b></p> <p>Now that the season(s) are over, it’s time for some spring ball. This program will be completely devoted to developing your child’s skills for the Y’s very own flag football league! Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>
<p><b>Tiny Dancers</b> <b>Friday 4:30-5:00</b></p> <p>Join our dance instructor to learn some basic dance styles and routines in this introductory program. Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>	<p><b>Dance</b> <b>Friday 5:00-6:00</b></p> <p>Grab your dancing shoes and come learn how to dance! Our dancing instructor will teach your child various dance routines. Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>
<p><b>Parent &amp; Me Tumbling</b> <b>Friday 4:45-5:30/5:30-6:15</b></p> <p>Come see why the Y’s Gymnastics was voted “Best of Greater Pittston” in 2016! Learn the basic fundamentals of tumbling with friends. Children will develop flexibility and poise while also learning to work together in a group. Parents will assist children as they learn new exercises.</p> <p>Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>	<p><b>Little Tumblers</b> <b>Friday 6:15-7:15</b></p> <p>Come see why the Y’s Gymnastics was voted “Best of Greater Pittston” in 2016! Learn the basic fundamentals of gymnastics with friends. Children will develop flexibility and poise while also learning to work together in a group.</p> <p>Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>



<p><b>Tumbling (Beginners)</b> <b>Thursday 5:00-6:00</b></p> <p>Come see why the Y's Gymnastics was voted "Best of Greater Pittston" in 2016! Introduction to tumbling positions, drills and movements such as tuck, straddle, bridge, handstand, forward roll, cartwheel, round off and back handspring along with some strengthening and flexibility.</p> <p>Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>	<p><b>Tumbling (Advanced)</b> <b>Thursday 6:00-7:00</b></p> <p>Come see why the Y's Gymnastics was voted "Best of Greater Pittston" in 2016! This class is for more advanced students to begin to develop a basic comprehension of a standing back handspring, basic air tumbling, front walkover and aerials. Handstand and Cartwheel <b>MUST</b> be mastered!</p> <p>Members: \$20.00 Non-Members: \$50.00 Family Members: Free</p>
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