

GREATER PITTSTON YMCA
AMERICAN RED CROSS CERTIFICATION CLASSES
SPRING 2017



Lifeguard Renewal Course

This course is designed to re-certify a current American Red Cross Lifeguard. Candidates must have a current American Red Cross CPR/AED for the Professional Rescuer card and a current American Red Cross Lifeguarding and First Aid card. This class will renew your lifeguard, first aid and CPR/AED certifications.

The course is Blended Learning. A portion of the classroom learning will be e-learning at home, while all skills will be conducted at the YMCA. Participants will pay an additional Blended Learning Fee (\$27) for the on-line access. This MUST be paid by credit card in order to access the on-line material. This must be completed at least one week prior to the actual class meeting. Pocket mask and whistle is provided by participant. Min. number of participants required for all courses.

Course #	Class Date	Time	Course Fees**
1	Sunday, April 2	8am - 5pm	Member \$90
2	Sunday, May 7	7:30am - 4pm	Non-Member \$110
3	Saturday, June 10	8am - 5pm	*Candidates only need to register for

Lifeguard Certification Course

Participants must attend all days/times for the course. The courses are Blended Learning. A portion of the classroom learning will be e-learning at home, while all skills will be conducted at the YMCA. Participants will pay an additional Blended Learning Fee (\$35) for the on-line access. This MUST be paid by credit card in order to access the on-line material. Min. number of participants required for all courses.

COURSE #1 Class Dates and Times	COURSE #2 Class Dates and Times	COURSE #3 Class Dates and Times
Pre-test Friday, April 7 5pm - 8pm Thursday, April 13 5pm – 9pm Friday, April 14 8am - 4pm Saturday, April 15 8am - 4pm	Pre-test Monday, May 8 6 - 8pm Saturday, May 13 8am - 6pm Thursday, May 18 6pm - 9pm Friday, May 26 6pm - 9pm Saturday, May 27 8am - 1pm	Pre-test Friday, June 2 5pm - 8pm Friday, June 9 5pm - 9pm Monday, June 12 9am - 12pm Tuesday, June 13 9am - 12pm Wednesday, June 14 9am - 12pm Thursday, June 15 9am - 12pm Friday, June 16 9am - 2pm

Course Fees**
 Member \$160
 Non-Member \$185

Minimum age 15 on or before the final scheduled class

Pass pre-course swim test:

1. Swim 300 yards continuously demonstrating breath control and rhythmic breathing.
2. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed, goggles permitted.
3. Tread water for 2 minutes using only the legs. Starting in the water, swim 20 yards, surface dive to a depth of 7-10 feet, retrieve a 10 pound object, return to surface and swim 20 yards with legs only and exit the water in 1 minute 40 seconds (goggles are not permitted).
4. 100% class attendance and participation is required and candidate must pass both water skills test and written exam

****NON-REFUNDABLE REGISTRATION FEE OF \$40 due at registration. This non-refundable registration fee is in addition to the above listed course fees which are due after pre-course test, which is held the first hour of the first class. (Any class option changes will incur a \$5 processing fee; must be done a minimum of 48hrs to start of class).**

For more information contact Susan Vosik Pekala, Aquatic Director,
 (570)655-2255 ext. 106 or email svpekala@greaterpittstonymca.org

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