



GREATER PITTSTON YMCA

MONDAY

6:30AM-11:15AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
11:15AM-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00PM-4:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
4:30PM-7:00PM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSONS
7:00PM-7:45PM	LAP LANE OPEN	LAP LANE OPEN	AQUACISE
7:45PM-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM CLOSED

TUESDAY

6:30AM-11:15AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
11:15AM-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00PM-12:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

12:30PM-3:30PM CLOSED

3:30-4:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
4:00-5:00PM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSONS
5:00-6:00PM	LAP LANE OPEN	LAP LANE OPEN	ARTHRITIS AQUACISE
6:00-7:00PM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSONS
7:10-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM CLOSED

WEDNESDAY

6:30AM-11:15AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
11:15AM-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00PM-5:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
5:00PM-7:00PM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSONS
7:00PM-7:40PM	LAP LANE OPEN	LAP LANE OPEN	AQUACISE
7:40PM-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM CLOSED

THURSDAY

6:30AM-11:15AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
11:15AM-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00PM-12:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

12:30PM-3:30PM CLOSED



GREATER PITTSTON YMCA

3:30PM-5:15PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
5:15PM-6:00PM	LAP LANE OPEN	LAP LANE OPEN	ARTHRITIS AQUACISE
6:00PM-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM CLOSED

FRIDAY

6:30AM-11:15AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
11:15AM-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00PM-12:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

12:30PM-3:30PM CLOSED

3:30PM-5:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
5:00PM-6:00PM	LAP LANE OPEN	LAP LANE OPEN	SPECIAL NEEDS SWIM (\$5 PER SWIMMER)
6:00PM-7:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

7:30PM CLOSED

SATURDAY

8:00AM-9:00AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
9:00AM-12:00PM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSONS
12:00PM-3:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM/BIRTHDAY PARTIES

3:30PM CLOSED

SUNDAY

10:30AM-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
12:00PM-3:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM/BIRTHDAY PARTIES

3:30PM CLOSED

IMPORTANT SAFETY INFORMATION:

- * Children must be at least 16 years of age to be in the pool without an adult present
- * Children ages 6-15 must have an adult (18+) in the Aquatics Center while swimming, regardless of ability, under 6 years old/children in a flotation device are considered NON SWIMMERS and must remain in shallow water with an adult (18+) in the pool
- * ALL flotation devices used in the Aquatics Facility must be foam core, inflatable devices (ex:tubes, rings, arm bands...) are not permitted during Open Swim
- * Babysitters bringing children to the pool must be 18 years of age or older (this applies to family members)



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