

GYM SCHEDULE ~ MARCH 1, 2017 TO JUNE 1, 2017

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
TIME	FRONT	BACK	FRONT	BACK	FRONT	BACK	FRONT	BACK	FRONT	BACK	FRONT	BACK	FRONT	BACK	TIME
5:00 AM															5:00 AM
5:30 AM															5:30 AM
6:00 AM															6:00 AM
6:30 AM															6:30 AM
7:00 AM															7:00 AM
7:30 AM				ROWING				ROWING				ROWING			7:30 AM
8:00 AM															8:00 AM
8:30 AM															8:30 AM
9:00 AM															9:00 AM
9:30 AM															9:30 AM
10:00 AM															10:00 AM
10:30 AM															10:30 AM
11:00 AM	BIRTHDAY PARTIES **PLEASE CHECK WITH FRONT DESK**														11:00 AM
11:30 AM															11:30 AM
12:00 PM															12:00 PM
12:30 PM						MOMMY AND ME									12:30 PM
1:00 PM															1:00 PM
1:30 PM															1:30 PM
2:00 PM	BIRTHDAY PARTIES **PLEASE CHECK WITH FRONT DESK**														2:00 PM
2:30 PM															2:30 PM
3:00 PM															3:00 PM
3:30 PM															3:30 PM
4:00 PM															4:00 PM
4:30 PM															4:30 PM
5:00 PM						KARATE	SOCCER	FOOTBALL CONDITIONING		TUMBLING	DANCE	TUMBLING			5:00 PM
5:30 PM								**CHECK WITH FRONT DESK**							5:30 PM
6:00 PM						Y-FIT			Y-FIT						6:00 PM
6:30 PM															6:30 PM
7:00 PM							ADULT								7:00 PM
7:30 PM						FUNCTIONAL FITNESS			FUNCTIONAL FITNESS						7:30 PM
8:00 PM															8:00 PM
8:30 PM															8:30 PM

THIS SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME. PLEASE SEE THE MEMBER SERVICES DESK FOR SPECIAL EVENTS OR SCHEDULE CHANGES.