

Co-Ed Flag Football League

Details: Flag football is a growing alternative to full contact football that teaches basic skills and concepts of the game. Flag Football programs are designed to introduce young athletes to the game while providing a safe environment to grow in the sport.

Program Dates: Sept. 7 - Oct. 19 (Sat. Mornings)

Fee: Members \$25 / Non-Members \$55

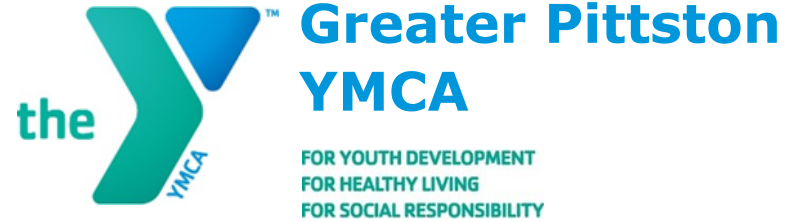
Registration Dates:

Fall I - Members Aug. 13 / Non-Members Aug. 20

Grades: Teams will be organized by grade levels: 1st/2nd, 3rd/4th, and 5th/6th

Location: Dupont Little League Field

For complete details and to register visit the YMCA or contact Brandon: (570)655-2255 Ext. 103



Youth Programming Guide

Fall I & II 2019

FAMILY FALL SPECIAL EVENTS

Jack-o-Lantern Jog 3 Mile & 1 Mile Fun Run
Sat., October 26 @ 10am (Registration for Kid's 1 Mile Run earns a FREE pass to Halloween Carnival)

Halloween Carnival: Sat., October 26
12:30p-4:00pm (\$10/family)

Halloween fun for the whole family! Pumpkin carving, painting, games, prizes, snacks, and more!

Parent's Night Out:

Drop the kids off at the Y for fun themed activities while you enjoy a night out! Swimming, Pizza, Gym Time, Games and Movies! For ages 4-12yrs

Dates: (2nd Fri. each month) (9/13, 10/11, 11/8, & 12/13)

Hours: 5-8:30pm (Drop off by 5:30p)

Fee: Members \$10 per child / \$20 Non-Members

Max \$40 per family



Fall I Program Dates: Sept. 9—Oct. 27
(No Oct. 6th Classes)

Fall II Program Dates: Nov. 4—Dec. 22

Call Programming Director, Brandon Hampton with Questions: (570)655-2255 Ext. 103

YOUTH DEVELOPMENT & ARTS

Little Einsteins (Ages: 6-10yrs)

Details: Explore all things SCIENCE! Each week our Einsteins will perform experiments to develop a passion for science!

***\$5 Material Fee Due at the 1st Class for all participants**

Program Dates: FALL I Tues. Sept 10-Oct. 22

FALL II Tues. Nov. 5- Dec. 17

Time: 6-6:45pm

Fee: \$0 Family Membership

Members \$20 / Non-Mem. \$40



Messy Art! (Ages: 2-5yrs)

Details: Your little ones will enjoy getting messy with different mediums of art! Best part, you don't have to worry about the clean up! Kids will create fun pieces to treasure!

***\$5 Material Fee Due at the 1st Class for all participants**

Program Dates: FALL I Weds. Sept 11-Oct. 23

FALL II Weds. Nov. 6- Dec. 18

Time: 5-5:45pm

Fee: \$0 Family Membership / Members \$20 / Non-Mem. \$40

Life Skills with Barb! (Ages: 7-12)

Details: Learn the basics of cooking, trip planning, laundry, time management and much more!

***\$5 Material Fee Due at the 1st Class for all participants**

Program Dates: FALL I Thurs. Sept 12-Oct. 24

FALL II Thurs. Nov. 7- Dec. 19

Time: 5-6pm

Fee: \$0 Family Membership / Members \$20 / Non-Mem. \$40

SWIM LESSONS

The YMCA also offers a variety of options for swim lessons for families with infants, children and up to adults. Group and Private Lessons are available!



Contact Lizz Elliot in Memberships 655.2255 or visit our website greaterpittstonymca.org for more details!

SPORTS & GYMNASTICS

Parent & Me Tumbling (2-4yrs)

Details: Learn the basics of tumbling with friends! Kids will develop flexibility and poise, while also learning to work together in groups. Parents will assist children as they learn!

Program Dates: FALL I Thurs. Sept 12-Oct. 24

FALL II Thurs. Nov. 7- Dec. 19

Time: 4:45-5:30pm

Fee: \$0 Family Membership / Members \$20 / Non-Mem. \$40

Little Tumblers (5-7yrs)

Details: Learn the basics and start to work on additional skills for advancement in our gymnastic programs. Fun and interactive activities to keep the kids having fun and learning about the sport!

Program Dates: FALL I Thurs. Sept 12-Oct. 24

FALL II Thurs. Nov. 7- Dec. 19

Time: 5:30-6:30p / 6:30-7:30p

Fee: \$0 Family Membership / Members \$20

Non-Mem. \$40



Tumbling (8yrs and up)

Details: Intro to tumbling positions, drills and movements such as tuck, straddle, bridge, handstand cartwheels, etc.

Program Dates: FALL I Fri. Sept 13-Oct. 24

FALL II Fri. Nov. 8- Dec. 19

Time: 5:00-6:00p / 6:00-7:00p

Fee: \$0 Family Membership / Members \$20 / Non-Mem. \$40

Soccer Skills & Drills (5-12yrs)

Details: Practice the basic skills that will set you apart as a player! Come learn in a non-competitive environment filled with lots of fun games and drills to keep their feet moving and mind engaged!

Program Dates: FALL I Mon. Sept 9-Oct. 21

FALL II Mon. Nov. 4- Dec. 16

Time: 6-7p

Fee: \$0 Family Membership / Members \$20 / Non-Mem. \$40

